



## Soul Dance: Experiencing Real Contact

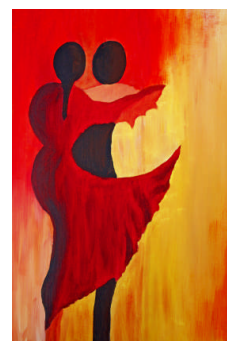
How fulfilling are your intimate relationships? Are you skating at the surface of what's possible between two human beings, or experiencing authentic love, intimacy, deep contact and partnership? Is your relationship in an **Ego Dance** of idealized images, unfulfilled expectations, lingering disappointments, two isolated people yearning for real contact but unable to break down their self created barriers? Is there a way to have a different, conscious relationship?

In the **Soul Dance**, you relate to each other at a level beyond the ego, with the real person instead of the fantasy. **Conscious Relationships are based on the Three C's: Consciousness, Connection, and Commitment.**

**Consciousness:** Understanding how relationships are a crucible for each partners' growth, committing to supporting each other's development, and not expecting them to fill your ego's sense of deficiency.

**Connection:** Developing spiritual, emotional, mental and sexual contact through recognizing soul connection and understanding masculine and feminine essence.

**Commitment:** To forming a partnership supporting what you are creating together in your relationship, family, and purpose in the world.



**Ginger Hanson, Entrepreneur and Life Coach, Scottsdale:** My relationship has become such a beautiful tool for helping me to see and heal areas of my own consciousness that before I would have passed over as "someone else's problem". To be able to expose myself with another person mirroring to me my strengths and weaknesses is a blessing and a gift.

**Laura Orsini, Writer and Freelance Book Editor, Phoenix:** I was amazed at the depth Sunil reached with regard to relationships in such a short time, all the while keeping the language understandable and the participants fully engaged.

**Dereh DeHaan, Personal Assistant, Tempe, Arizona**

Sunil is a gifted teacher, very skilled at synthesizing concepts and presenting them in a way that goes deep into consciousness. I found that he often captured the essence of a thought or experience I shared, revealing a deeper wisdom/meaning. His guided meditations were the most powerful I've ever experienced, bringing several insights.

**Free Introductory Mini-Workshops:** Sundays, November 1<sup>st</sup> and 8<sup>th</sup>, 2-4pm.

**Mini-Workshop and Dinner in Anthem:** Saturday, November 14th, 4:30-8:30pm (\$8)

**Soul Dance:** Friday evening, November 20th, 6:30 to 9pm; Saturday, November 21st and Sunday November 22nd, 9am to 6pm.

Tuition: Soul Dance: \$287 for the full workshop; (\$537 for couples), \$247 for early registration by November 14th, (\$457 for couples); \$27 for Friday evening only.

**Location:** 15550 N. Frank Lloyd Wright Blvd, Unit 1014, Scottsdale, AZ 85260

To Register: On-line at [www.integral-transformation.com](http://www.integral-transformation.com), or contact Sunil Ahuja at (480) 314-1983 or [sunil@integral-transformation.com](mailto:sunil@integral-transformation.com)